Reasons Nachos are Awesome

* All the food groups are included
	+ Dairy – cheese, sour cream
	+ Vegetable/legumes – pinto beans, jalepeno peppers
	+ Grain – tortilla chips
	+ Fruit – tomatoes
	+ Meat – chicken or carne asada
* They are easily modifiable
	+ Spice levels
	+ Vegan, vegetarian, carnivore
	+ Simple or complicated