Reasons Nachos are Awesome

* All the food groups are included
  + Dairy – cheese, sour cream
  + Vegetable/legumes – pinto beans, jalepeno peppers
  + Grain – tortilla chips
  + Fruit – tomatoes
  + Meat – chicken or carne asada
* They are easily modifiable
  + Spice levels
  + Vegan, vegetarian, carnivore
  + Simple or complicated